

JUICE

8oz - \$8 | 12oz - \$12

BLU-BIOTIC

Green Apple, Celery, Pineapple & Blue Majik®

HEARTBEET

Apple, Pear, Beet, Parsley, Lemon & Ginger

RELIEF

Green Apple, Carrot, Celery, Golden Beet, Turmeric & Black Pepper

RISE & SHINE

Green Apples, Orange, Kale, Celery, Ginger & Lemon

GREEN THUMB

Red Apple, Kale, Celery, Pineapple, Mint & Cilantro

THE GATEWAY

Red Apple, Sweet Potato & Pineapple

D-TOX

Cucumber, Green Apple, Celery, Ginger, Kale & Lemon

GOLDEN DELIGHT

Green Apple, Orange, Golden Beet, Pineapple, Ginger, Turmeric & Black Pepper

PURIFY

Cucumber, Celery, Lemon & Parsley

JALA-PIÑA

Pineapple, Green Apple, Pear & Jalapeño

CUSTOM JUICE

CELERY OR CARROT. 100% Single Vegetable Juice *must be requested & pre-paid

GETWELL6/20/30

SHOTS 2oz / 8oz / 12oz

Ginger, Turmeric, Lemon and Black Pepper

GUT INSTINCT

SHOT 2oz

Kashaya Probiotic & Filtered Water

TRADITIONAL CLEANSE

ONE DAY \$75 | TWO DAY \$145 | THREE DAY \$225

Includes: Six Juices + One Shot per day

*Customizable cleanses and lengths available

THE MASTER CLEANSE.....30

Includes:

Six 12oz Bottles - Filtered Water, Lemon, Cayenne & Maple Syrup

CLEANSSES

GUT REBOOT.....115

IBS, Anxiety & Depression

Includes:

- Six Juices: (2) D-Tox, Purify & Celery
- 4 oz Blackseed Oil
- Kashaya Therapeutic

PROTEIN SHAKES

8oz - \$8 | 12oz - \$12

STAMINA

Housemade Cashew Milk, Banana, Peanut Butter, Cacao, Protein Powder, Maca & Date

STRENGTH

Housemade Cashew Milk, Date, Avocado, Cacao & Himalayan Pink Sea Salt

SMOOTHIES & BOWLS

16oz Smoothie - \$12 | 16oz Bowl - \$14

Bowls come with up to 3 toppings. Additional toppings are \$2.00 each.

THE HAMMOCK

Banana, Pineapple, Mango, Hemp Seeds & Coconut Water

LIFE FORCE

Banana, Blueberries, Strawberries, Chia Seeds & Coconut Water

STEELE'S SUNSET

Banana, Goji Berries, Cherries, Protein Powder, 1oz of Get Well & Coconut Water

AVATAR

Banana, Pineapple, Green Apple, Blue Majik®, Coconut Water & Honey

PB&J

Banana, Strawberries, Peanut Butter, Maca & Oat Milk

MORINGA ME CRAZY

Avocado, Pineapple, Mango, Hemp Seeds, Moringa Powder, Oat Milk & Honey

HULK

Avocado, Kale, Parsley, Cucumber, Turmeric, Coconut Water & Honey

ACAI BOWL

Acai & Banana

Add on + Mix in - \$2

Cacao Nibs, Protein Powder (v), George's Aloe Vera, Cayenne, CB Collagen®, Spirulina, Blue Majik®, Cacao, Chia Seed, Maple Syrup & Himalayan Pink Sea Salt & Maca

Additional Toppings - \$2 Each

Cacao Nibs, Granola, Hemp Seeds, Peanut Butter, Almond Butter, Honey, Raisins, Chocolate Chips (v), White Chocolate Chips (v), Shredded Coconut, Dried Cranberries, Goji Berries, Blueberries, Strawberries & Pineapple. Subject to availability

SNACKS / LITE BITES

ENERGY BITES.....6/10

GF Oats, Chia Seeds, Coconut Shreds, Peanut Butter, Chocolate Chips* (v), Vanilla*, Maple Syrup & Date Water (GF/V)

SNICKERDOODLE

ENERGY BITES.....6/10

GF Oats, Chia Seeds, Coconut Shreds, Almond Butter, Cinnamon, White Chocolate Chips* (v), Himalayan Pink Sea Salt, Vanilla*, Maple Syrup & Date Water (GF/V)

CHICKPEA SALAD12

Chickpeas, Celery, Raisins, Craisins, Honey, Veganaise, Onion Powder, Himalayan Pink Sea Salt & Black Pepper (GF/Plant Based)

AVO TOAST.....10

Deland Special Millet Bread*, Avocado, Lemon Juice, Pink Himalayan Sea Salt & Black Pepper. Drizzled with Balsamic Glaze & topped with Everything Bagel Seasoning. Dine in or carry out. (GF/V) Add Ons: Sriracha & Hemp Seeds.

CHIA PUDDING6/12

Chia Seeds, Coconut Milk, Shredded Coconut, Maple Syrup & Vanilla*
\$2.00 charge per topping

OVERNIGHT OATS.....6

GF Old Fashioned Rolled Oats, Vanilla*
\$2.00 charge per topping

GRAB & GO

BREAKFAST BURRITO WRAP.....14

Local Farm Eggs, Cheddar & Havarti, Nueski Bacon, Rosemary Potatoes, Sriracha Aioli, Whole Grain Wrap with Sriracha Aioli Dipping Sauce

BLACKBERRY GOAT CHEESE SALAD...17

Artisan greens Dressed in a Creamy Poppy Seed Dressing, Blackberries, Goat Cheese, Pepitas, Candied Pecans & Herb Chicken (GF)

BUDDHA BOWL.....14

Quinoa, Roasted Broccoli, Sweet Potatoes, Maple Tahini Dressed Kale, Curry Carrots Slaw, Herbed Chickpeas, Sesame Seeds (GF | V)

APPLE CHUTNEY CHICKEN PANINI ...14

Herbed chicken, Havarti Cheese, Apple Chutney, Dressed Kale on Flione Bread

Grab & Go Food Provided by New General Cafe*

DRINKS & LEMONADES

MINERAL WATER.....3

Filtered Water with Pink Salt

ORIGINAL LEMONADE.....6

Filtered Water, Lemons & Cane Sugar

ARNOLD PALMER.....6

Filtered Water, Black Tea, Lemons & Cane Sugar

PURPLE PALMER6

Filtered Water, Black Tea, Lavender, Chamomile, Peppermint, Butterfly Pea, Lemons & Cane Sugar

CLASSIC SWEET TEA.....5

Filtered Water, Black Tea & Cane Sugar

LAVENDER LEMONADE6

Filtered Water, Lavender, Chamomile, Peppermint, Butterfly Pea, Lemons & Cane Sugar

ELDERBERRY LEMONADE.....6

Filtered Water, Lemons, The Home Farm Elderberry (Elderberry, Cinnamon, Ginger, Cloves, Wild Honey) & Cane Sugar

BALANCED BREW.....8

ADAPTOGEN COFFEE

Organic Cold-Brew Coffee, Oat Milk, Maple Syrup, Vanilla*, Lion's Mane, Chaga, Collagen*, Cinnamon, Himalayan Pink Sea Salt

WEEKLY JUICE SUBSCRIPTIONS

25 MILES RADIUS FROM OUR WP LOCATION

Have health delivered to your door, without having to leave the house or even think about it. We believe healthy living should be a simple choice.

WHY GET DELIVERY?

Simple, you don't have the time to do it yourself!

WHY JUICE DAILY?

The body requires the proper fuel to run and we supply that fuel. Vegetable and fruit juice contain most of the vitamins, minerals, and phytonutrients in the fruit. Plus, you get the added benefits of soluble fiber which promotes lower cholesterol and blood sugar levels, healthy heart and gut bacteria, which lowers inflammation in the body and helps with digestion.

SIGN UP TODAY!



ALL GR JUICE IS 100% ORGANIC & PRODUCTS WITH NON-ORGANIC INGREDIENTS ARE NOTED

Processed in a facility that also processes nuts

*Non-Organic due to supply GF = Gluten Free ^ = Non-GMO v = Vegan